



REMINDER

October 15, 2017

Gourmet Guys

The Children's Museum of La Habra is in search of teams to participate in Gourmet Guys.

Gourmet Guys raises "bread" for kids, includes food tasting, silent auction, and raffles.

Questions? Email sandi.fp@gmail.com, or

email Rick Snyder at rsnyder9@gmail.com.



SAVE THE DATE!!!

November 4, 2017 @ 9:30 a.m.

13th Annual Authors Brunch... "A Year of Celebration"

Plan now to join intriguing authors' discussions, book signings, delicious brunch plus chances to win beautiful "table scrappers" celebrating a year of holidays and special events. And the opportunity to win fabulous grand prizes! All for \$50 per person

For reservation info, please visit soroptimistbl.org

Location: Alta Vista Country Club, 777 E. Alta Vista Drive Placentia CA 92870

November 11, 2017, from 5 pm to 10 pm

31st Annual Gala Affair “The Golden Age” A Red Carpet Event

Help for Brain Injured Children

Location: Westridge Golf Club 1400 La Habra Hills Drive, La Habra CA, 90631

UPCOMING EVENTS

Tuesday, October 10, 2017, 10 - 11:30 am

Class 1: Eating Healthy Never Tasted so Good Want to improve your nutrition?

Learn about the small changes you can make in your meals that can help you stay healthy. Explore ways to eat healthier on the go.

Tuesday, October 17, 2017, 10 - 11:30 am

Class 2: Mind Over Matter

Getting enough exercise can be hard when life gets in the way of our fitness goals. Create a personal plan to be more active and manage stress for wellness.

Location: VCC The Gary Center 201 S. Harbor La Habra, 90631 For more information or to register, call Oscar Ruiz 562.691.3263 ext. 127 It is recommended to take all classes.

Wednesday, October 11, 2017

Memory Loss Workshop: *Why is She Doing That?* Personality and Behavior Changes

Identify common behavior changes; explore why they happen and what they mean. Learn helpful tips to adjust and respond

Monday, November 6 2017

Memory Loss Workshop: How Do I Keep My Brain Strong As I Get Older?

Come learn the latest updates on diagnosis, treatment and reducing risk for dementia

Location: The Institute for Healthcare Advancement 501 S Idaho St., Suite 300 La Habra, CA 90631 (1st floor auditorium) RSVP alzoc.org/family-education or call 949-757-3721

October 21, 2017

Boys & Girls Club of La Habra

Annual Kids Auction

Please join us at the beautiful Summit House Restaurant in Fullerton

Questions? Contact Michele Lawson at 562.691.2413

October 14, 2017

Join La Habra's Compassion Team

Police Open House – promoting harvest festivals – Katie Elmore

For more information contact Alison Mode at Alison@citynet.org

Free Flu Shot Event

All ages welcome and no appointment required, but a first come first served basis

Location: 13152 Newport Ave., Suite B Tustin, CA 92780

Questions? Call 714-263-8600

October 23-27, 2017

Youth Red Ribbon Contests

Pre-K thru 5th Grade: Poster Decorating Contest

6th thru 12th Grade: Essay Contest

Please Contact Nicole Panza at npanza@lahabracaca.gov, or call (562) 383- 4211 for details.

October 26, 2017

30th Annual Red Ribbon Community Breakfast

Keynote Speaker: Sergeant Barnes

Reservation is required. For Further Information, contact Melissa Rivera at (562) 383-4209 or email: mriviera@lahabracaca.gov

The Halloween Quarter Mania

Costumes are welcome for a ghoulish good time. Best costume will win a frightening good prize. All proceeds will go to benefit La Habra, Sonoma & Whittier Christian High School Scholarship Programs

Location: La Habra Community Center 101. W La Habra Blvd.

Opportunity

Need a baby fix? Want to help prepare preschoolers for kindergarten? La Habra FRISTER in **BIG** need of loving hands and hearts.

Please Contact Gaby Grimes at gaby@fristers.org or call [949.387.7889](tel:949.387.7889)

The La Habra Family Resource Center is hiring for a full-time Differential Response Program, In Home Family Specialist. To apply, submit cover letter and resume to: Email: info@frclahabra.org Fax: 714-447-3753

La Habra Collaborative:

Connecting organizations and individuals to create opportunities for an improved quality of life for all La Habra residents.