

# LA HABRA COLLABORATIVE WEEKLY NEWSLETTER ISSUE 14 SEPTEMBER- NOVEMBER



## **REMINDER**

*Wednesday, September 27 @ 10:30 AM*

### **1000 Books Before Kindergarten**

Give your child a headstart, Read to succeed

Location: La Habra Library 221 East La Habra Library, La Habra CA, 90631

## **SAVE THE DATE!!!**



*October 15, 2017*

### **Gourmet Guys**

The Children's Museum of La Habra is in search of teams to participate in Gourmet Guys.

Gourmet Guys raises "bread" for kids, includes food tasting, silent auction, and raffles.

Questions?Email [sandi.fp@gmail.com](mailto:sandi.fp@gmail.com), or

email Rick Snyder at [rsnyder9@gmail.com](mailto:rsnyder9@gmail.com).

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*November 11, 2017, from 5 pm to 10 pm*

**31<sup>st</sup> Annual Gala Affair “The Golden Age” A Red Carpet Event**

Help for Brain Injured Children

Location: Westridge Golf Club 1400 La Habra Hills Drive, La Habra CA, 90631

*November 4, 2017 @ 9:30 a.m.*

**13<sup>th</sup> Annual Authors Brunch... “A Year of Celebration”**

Plan now to join intriguing authors’ discussions, book signings, delicious brunch plus chances to win beautiful “table scrappers” celebrating a year of holidays and special events. And the opportunity to win fabulous grand prizes! All for \$50 per person

For reservation info, please visit [sroptimistbl.org](http://sroptimistbl.org)

Location: Alta Vista Country Club, 777 E. Alta Vista Drive Placentia CA 92870

**UPCOMING EVENTS**

**A Diabetes Prevention 3-day Program**

*Tuesday, October 3, 2017, 10 - 11:30 am*

**Class 1: Diabetes: Am I at risk?**

With so much information about diabetes, it can be hard to know what you should be concerned about. Learn about how diabetes can be prevented.

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*Tuesday, October 10, 2017, 10 - 11:30 am*

**Class 2: Eating Healthy Never Tasted so Good Want to improve your nutrition?**

Learn about the small changes you can make in your meals that can help you stay healthy. Explore ways to eat healthier on the go.

*Tuesday, October 17, 2017, 10 - 11:30 am*

**Class 3: Mind Over Matter**

Getting enough exercise can be hard when life gets in the way of our fitness goals. Create a personal plan to be more active and manage stress for wellness.

Location: VCC The Gary Center 201 S. Harbor La Habra, 90631 For more information or to register, call Oscar Ruiz 562.691.3263 ext. 127 It is recommended to take all three classes.

*October 21, 2017*

**Boys & Girls Club of La Habra**

**Annual Kids Auction**

Please join us at the beautiful Summit House Restaurant in Fullerton

Questions? Contact Michele Lawson at 562.691.2413

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**3<sup>rd</sup> Annual Loteria fundraising**

The La Habra Action Council is hosting a fundraising and requesting donations for the silent auction

Donation List: Wine/ wine basket, any themed gift basket, jewelry, dishware, gardening tools, books, cooking supplies, candy, and gift cards

Interested? Contact Helen Acevez at the Family Resource Center @ 714-447-3460 ext 212

*October 7, 2017*

**Free Flu Shot Event**

All ages welcome and no appointment required, but a first come first served basis

Location: 501S. Idaho St., Suite 100 La Habra, CA 90631

Questions? Call 562-690-0400 ext 7304

*October 14*

**Free Flu Shot Event**

All ages welcome and no appointment required, but a first come first served basis

Location: 13152 Newport Ave., Suite B Tustin, CA 92780

Questions? Call 714-263-8600

*La Habra Collaborative:*

*Connecting organizations and individuals to create opportunities for an improved quality of life for all La Habra residents.*