

# LA HABRA COLLABORATIVE WEEKLY NEWSLETTER ISSUE 10 JULY/ AUGUST



## **SAVE THE DATE!!!**

*July 21 & 22 (Friday and Saturday)*

### **Rummage Sale**

Drop Off: Thursday, July 20<sup>th</sup> from 10 am- 2 pm

Your donations of valuable items are appreciated to benefit the La Habra Life Center

Location: Our Lady of Guadalupe Church 900 W La Habra Blvd. La Habra 90631

Questions: Contact Rummage Queen Abby 562-691-5567 or Mecki 714-871-5382

## **UP COMING EVENTS**

*July 28, 2017, from 9- 10 am*

### **Time to move!**

Come and learn about different ways to stay active

A class will we be offered on physical activity during the weekly food distribution

Health screenings offered

All ages welcome

Please bring your bag for food and comfortable shoes to exercise

Location: VCC: The Gary Center 341 South Hillcrest Street, La Habra CA 90631

To register for the event or any questions, please call 562-264-6000 Ext 6531

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*July 27, 2017, from 4-5pm (Thursday)*

### **Choose Health**

Are you concerned with the amount of time your children spend in front of a screen?

Come and learn about how to prevent extended screen time use, and how to involve the whole healthy in healthier choices.

Location: VCC: The Gary Center 341 South Hillcrest Street, La Habra CA 90631

To register for the event or any questions, please call 562-264-6000 Ext 6531



### **REMINDER**

*June 5<sup>th</sup> - August 11<sup>th</sup>*

### **Free Lunch? YES Please**

Free continental breakfast and lunch will be available to all youth, ages 18 and younger.

Monday through Friday breakfast is served from 8 am to 8:45 am (La Habra Boys & Girls Club only), lunch is served from 12 pm- 12:45pm (at all sites)

Locations: La Habra Boys & Girls- 1211 Fahringer Way La Habra, Ca 90631

Montwood Park- 231 Montwood Ave La Habra, Ca 90631

Descanso Park 170 N. Fonda St. La Habra, Ca 90631

Guadalupe Park- 381 S Walnut St. La Habra, Ca 90631

Loma Verde Park- 501 S Walnut St. La Habra, Ca 90631

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### **La Habra Branch Library**

La Habra Library is hosting a few events, details listed below.

Storytimes Mon, Jun 19th Through Wed, Jul 26th

Mon: Baby-Lapsit 11 am Mon: Read to the Dog 5:30 pm Tue: Family Storytime 6 pm Wed: Kids' Storytime 10:30 am  
Wed: Bilingual Storytime 6 pm

Mon Jun 19-Jul 24 @ 2 pm Summer STEM (limit 20 school age)

La Habra Colors—coloring all ages Wed afternoons 2:30-4pm; Jun 21-Jul 26

Fairy Cottage Construction school age children only Mon, Jul 17 & 24 (2 parts) Signups start Jul 5 @10am

Thursday Spectaculars! 2:30 pm

Jul 20: Lego Program

Jul 27: Talent Show & Ice Cream Social

Sign up for Talent Show Auditions at Info Desk Audition days Mon Jul 10 @ 10:30 & Tue, Jul 11 @ 10 pm and by appointment

Location: 221 East La Habra Blvd La Habra, CA 90631

Questions? 714-526-7728 or Visit [www.ocpl.org](http://www.ocpl.org)

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### **CalOptima in Westminster**

#### STAFF CAN HELP YOU:

- Learn about your Medi-Cal benefits and how to get medical services and medications.
- Find, select and change your doctor and health network.
- Request your CalOptima ID card. ■ Work with your doctors, case managers, and agencies in Orange County to get the care you need.
- Learn about benefits and services for the OneCare Connect Cal MediConnect Plan (Medicare-Medicaid Plan), Program of All-Inclusive Care for the Elderly (PACE), Community-Based Adult Services (CBAS) and Multipurpose Senior Services (MSSP) programs. AT THE CENTER, YOU CAN:
  - Get information and referrals to health and community resources.
  - Attend free health education classes to learn how to keep your family healthy and safe.
  - Attend a New Member Orientation.

ALL SERVICES ARE AT NO COST TO YOU

Location: 15496 Magnolia Street Suite 111 Westminster, CA 92683

Questions: Call 714-372-3454 or visit [www.caloptima.org](http://www.caloptima.org).

*July 27, 2017 (Thursday)*

### **Let's Move! Move More, Eat Heathy**

Celebrate healthy living from 5 pm- 9 pm by participating in active games, crafts, health-based information booths, farmers market, free healthy food tasting, and music

Location: Portola Park 301 Euclid St

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*June 21<sup>st</sup> – August 10<sup>th</sup> (Wednesday and Thursdays from 3 pm- 6 pm)*

### **Advance! ... on to college**

La Habra's nonprofit college counseling center offers free walk- in one- on- one assistance with college applications, financial aid applications, admissions essay writing and scholarship searches.

Location: 501 South Idaho St, Suite 230, La Habra, CA 90631

Questions? Call (562) 691-2117 or email [info@ontocollege.org](mailto:info@ontocollege.org)

*July 21<sup>st</sup> (Friday)*

### **Diabetes Prevention Classes**

PIH Presents diabetes prevention classes from 10am- 11:30am

Location: 341 S Hillcrest St. La Habra, CA

*July 14, August 11, and September 8<sup>th</sup>*

### **Emergency Food Assistance Program**

Location: 341 S Hillcrest St. La Habra, CA

*August 12, 2017 (Saturday)*

### **Back to School Health Fair**

Free Services for School- Age Children from 9 am- 12 pm

Sports physicals, health screenings, dental screening, vision screenings, educational programs, nutritional education, backpacks, haircuts, fun activities, and raffle drawings and prizes.

Location: 501 S. Idaho St. La Habra, CA 90631      Questions? Call (562) 690- 4001

*La Habra Collaborative:*

*Connecting organizations and individuals to create opportunities for an improved quality of life for all La Habra residents.*